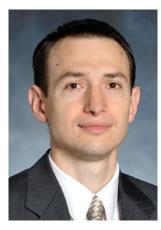


Khraizat, MD completed his internship and residency in obstetrics and gynecology at Oakwood Hospital & Medical Center in Dearborn.

He specializes in robotic surgery for treatment of fibroids, endometriosis, ovarian cysts and hysterectomy.



Dr. Edward Mavashev, MD completed his internship and residency in general surgery at SUNY HSC in Brooklyn and fellowship training in minimally

invasive surgery at the University of Pittsburgh Medical Center. He specializes in minimally invasive general and bariatric surgery.

Visit oakwood.org/essam-khraizat-md and edwardmavashev-md to see and hear a variety of interviews with each doctor related to women's health topics.

Oakwood Annapolis Hospital Presents Exploring Your Options

How Robotic Surgery is Improving Women's Healthcare

Hosted by

Oakwood physicians

Essam Khraizat, MD & Edward Mavashev, MD

Join us to learn how technology is improving women's health with minimally invasive procedures and technologically advanced equipment, including the *daVinci Si Robotic Surgical System*.

Pelvic and abdominal robotic surgery features many benefits for patients, including minimally invasive procedures, decreased hospital stay and quicker recovery time with less pain.

To register for this FREE event, please call 800.543.WELL (9355)

Seating is limited and registration is required.

DATE: Tuesday, May 7, 2013

TIME: 6 – 8 p.m.

LOCATION: Oakwood Annapolis Hospital Surgical Center Lobby 33155 Annapolis Street Wayne, MI 48184

Valet parking will be available at no charge

A complimentary light dinner will be served.





Packed with Love

It is a basement full of pants, shirts, coats and love. MiMoz Clothez is the creation of Wayne residents Dolores Hamrick and Tami Phillips. It is a non-profit that is trying to make the lives of kids in our area a little bit better. The purpose of the program is to freely clothe needy school-aged children in the Wayne-Westland community.

Their idea was sparked when Dolores was on vacation last summer and read about a similar effort. She texted Tami to see what she thought and when she got home they wrote out a plan and talked about how to become a 501c3. Then they took their first big step.

"We made the big move and went to Target and bought 10 storage bins and said look if this doesn't work we can split the bins," Tami said. "In July we created a Facebook page and then it became word of mouth."

They were amazed with their first donation. They arrived at the home to pick up what they thought was just a few bags and were greeted with 15 large bags of clothes of all sizes.

To date they had provided 129 children in the Wayne-Westland area with much-needed pants, shirts, shoes and coats, said Amanda Faughnan, program coordinator, Family Resource Center, Wayne-Westland Community Schools.

"MiMoz Clothez is one of the most useful resources the Family Resource Center calls upon for students and families facing clothing needs," she said. "Why? MiMoz Clothez is such a unique organization. Not only do they assist children by providing gently used clothing, they help parents with a barrier that often is a challenge when seeking assistance- delivery of goods."

These dedicated women drive all over to pick up donated clothes and after outfits are coordinated, washed, ironed and packed, they deliver them to the families.

All of the work is done in Dolores' basement which is full of racks, shelves and more than 40 bins. Their stock would rival any department store.

They try to provide each child with two short sleeve and two long sleeve shirts, two pair of pants and sometimes a hoodie or sweater and a pair of athletic pants or leggings.

"It is not an over abundance," said Tami. They also provide coats and shoes if needed. Just before Christmas they got a call from one elementary school in need of a coat for a student because their zipper was broken.

Giving Back

The reaction they get when they deliver the clothes is heartwarming.

One mom told the ladies that her son was so thrilled to get a pair of Nike shoes.

"Now I look just like the other kids," he said.

Dolores said, "It doesn't have to be brand new but if you can make it look the best you can and put love and care behind it."

The ladies put a letter in each bag that explains who they are and how they have both had struggles in their lives and now are able to help and encourage others.

Dolores and Tami are mothers and grandmas. In fact that is where the name MiMoz came from. Dolores' grandchildren call her Mimi and Tami's call her Momo. So they blended the two names together and created a program to give encouragement and assistance to many families.

How does it feel to be able to deliver a bag of much needed clothes to a family?

"It's a really heartwarming feeling and the best reward is when they



Wayne residents Tami Phillips and Dolores Hamrick sorting clothes for kids. Photo by The Wayne Dispatch

give you hugs," said Tami.

"They will say if there is anything I can every do for you call me," said Dolores. "They will offer to fold clothes. We have even had some people that we delivered clothes to that have given us clothes back."

Plans for the future

The clothes are quickly taking over Dolores' basement. MiMoz Clothez is trying to find a building in the community that someone would be willing to donate to non-profit groups to use.

Tami said Canton, Livonia and Ann Arbor each have one.

If there were a building available, several non-profit groups could use it for meetings, storage and community outreach.

"The main goal is to get a building. We could accept more and supply clothing for whole family- parents and babies. Now we just do school age children," Tami said.

Because their program runs on donations only and they don't generate any income they would also need to have someone sponsor the cost of the utilities.

In need

MiMoz Clothez has been very fortunate with all of the donations they have received in the past year. Stuff the Bus, a collaborative effort between the Wayne and Westland Goodfellows and the Wayne-Westland Community Schools transportation department "had tons of clothes for us and we picked them up at the fire station," Dolores said.

They have also had donations from the Methodist Church in Wayne of laundry soap and hangers.

Maria Mitter from Eastern Michigan University and the Bright Futures program collected clothes, soap and dryer sheets.

Schoolcraft College did a clothes drive to help MiMoz replenish their coat closet.

"The Wayne Westland Community School community is also giving back to MiMoz Clothez. Parents and staff have made clothing donations," Faughnan said.

While they have a wide variety of clothes in most sizes, Dolores and Tami said they need boys' jeans size 8-14.

"They are always in need of laundry soap, hangers and gas gift cards," Faughnan said.

If you would like to donate gently used clothes or know someone who needs help, please email mimozclothez@hotmail.com or facebook.com/ MiMoz Clothez.

"It's been very rewarding," said Tami. "We really enjoy doing it."











A city council veteran has decided not to seek re election. Mayor Pro Tem Pam Dobrowolski has served almost 20 years on council and will end her term in November.

"I am ready to move on and let someone new step in," Dobrowolski said. "If anyone is interested they can throw their hat in the ring and file."

She said "a female candidate would be nice."

"We need to keep a woman's voice on the council," she said. Since Donna McEachern retired, Dobrowolski is the only female on council.

Dobrowolski said she wants to be able to spend more time with her family. She and her husband, Tom have five daughters and 14 grandchildren.

"My daughters are all over the U.S.," she said.

Mayor Al Haidous said, "You are a very honorable person who served with integrity. It is a loss to the local government but we can't be selfish and not wish you the best for whatever you want to do in life."

"This council is awesome. They are ready to move forward and are looking for new ideas for the city, not just looking at the faults of the city but looking toward solutions," Dobrowolski said.

"I want you to know the citizens of Wayne, council and staff did appreciate all your hard work. You made tough decisions and a lot of painful decisions but you never lost the smile. I have enjoyed working | Clerk's office at 734-722-2204.



Mayor Pro Tem Pam Dobrowolski

with you and I will miss that. I hope you continue to be involved," Haidous said.

The filing deadline for the three council seats and the mayor's position is 4 p.m. on May 14. Councilmen James Henley and James Hawley's terms will also expire.

Interested applicants must submit a petition with 25 to 50 signatures to the city clerk between April 30 and May 14.

A primary election will be held if more than 2 people file for mayor or more than 6 people for council. If needed, the primary election will be Aug. 6. The general election is Nov. 5. For more information, call the City



St. Mary Catholic School

Grades K - 8



Deciding where to send your child to school is a decision that will affect the rest of their lives. At St. Mary School in Wayne, we understand the importance of a safe, structured, community -centered environment, where children can learn skills to last a lifetime with morals and values necessary to be model citizens.

www.stmarywayne.org

As partners with the Wayne/Westland Schools, we would like to offer an opportunity for you and your child to become better acquainted with St. Mary Catholic School. On Thursday. April 25, we would like to invite your child to come and "shadow" one of our St. Mary students. Orientation will begin at 9:45AM and the school day ends at 3:50PM.

Students will follow another student through their school day and experience our high academic standards, as well as our enrichment courses such as Spanish, Computer, Music or Physical Education. This also happens to be a day when Wayne-Westland Schools are not in session, therefore, students will not miss any of their classes.

If you are interested in joining us for this special day, it is necessary to call or e-mail to reserve a spot. Grades K-8 are welcome. Please call our school office at the number listed above or contact us through e-mail at schooloffice@stmarywayne.org.

Strength, Motivation and Service are what St. Mary Catholic School is all about. Come join the experience.



NEWS BRIEFS

Golfers wanted

The Westland Municipal Golf Course is now open for the season. Several upgrades were made over the winter to the clubhouse and bathrooms as well as energy efficient upgrades. The course is open from 7 a.m. until dusk seven days a week and is located at 500 South Merriman Road in Westland. Resident and senior discounts will be available for Westland and Wayne residents. For more information about tee-times. rates or to join a league, please call 734-721-6660 or visit 118 http://www.cityofwestland.com/golfcourse.html.

Good Kids, Good Citizens, Good Community

The Wayne Civitan Club and Wayne Public Library are looking for good kids. For the past 15 years they have promoted good citizenship by sponsoring the Good Kids, Good Citizens, Good Community program. They recognize students from fourth grade and up who serve as positive role models or have made significant contributions to the Wavne community. If you would like to nominate a Good Kids please go to http://wayne.lib.mi.us/youth.html and complete the form and return it to the library by April 10, 2013.

Help make dresses

The Wayne Rotary Club will be making Little Dresses for Africa at 12 p.m. on April 6 at the Wayne Public Library. Volunteers are needed to help cut, sew and iron.



Grand Opening

7 Star Liquor held a grand opening at new location, 4422 South Wayne Road. They are now in the former American Legion building. The newly remodeled store offers fine wine, beer and imported beer and a variety of snacks and convenience items.

Teens needed

Calling all teens! Let your voice be heard on the Teen Advisory Group at the Wayne Public Library from 6-7 p.m. on April 10. Share your opinions, ideas of things you would like the library to offer, and meet your new youth librarian. All tweens and teens welcome. Snacks will be provided. No registration required.

Captain Underpants Gross-Out-a-Rama

Are you a fan of the Captain Underpants books? Then come to the Gross-Out-a-Rama at 6:30 p.m. on April 10 at the Wayne Public Library. Play games, eat gross snacks and make toilet-rific crafts. Every child will get a free Captain Underpants book to keep. This event is free but call 734-721-7832 to register.



Prom Dress Sale

Are you looking for a prom dress at a great price? The 2nd Life Prom Dress Sale offers new and gently used formal dresses from size 0 to 20 for \$20 each. Their next sale will be from 9 a.m.-1 p.m. on April 13 at St. Paul's Presbyterian Church, 27475 Five Mile Rd, Livonia.

Accessories including shoes, purses, jewelry and wraps will also be available for purchase for \$5 or less.

Admission is free. Line up begins at 8 a.m. There are many fitting rooms and seamstresses will be onhand to provide free consultations and minor alterations. For more information, please call 734-422-1470 or visit www.sppc.org.

Theatre Palaces of Old Detroit

Come see artifacts and hear the history of the historic theatres in downtown Detroit at 6:30 p.m. on April 17 at the Wayne Public Library. Presenter Michael Hauser was also instrumental in the modernization of State Wayne Theatre.

Teen Humane Society Project

Do you want to help cats at the Michigan Humane Society? Come make catnip stuffed mice toys from 3-4:30 p.m. on April 25 at the Wayne Public Library. This service project is for ages 12-17. Supplies will be provided. Please register by calling 734-721-7832.

Rep on the Road Success

State Representative Robert Kosowski's first event in the City of Wayne was successful. He had more than 300 residents attend the free movie night at State Wayne Phoenix Theaters to meet him and see Oz: The Great and Powerful.

"It was great to see more than 300 residents from Wayne and Westland and to speak with them about their concerns and priorities," Kosowski said. "I am extremely grateful to Phoenix Theatres for making this event possible and to my fellow elected officials who took the time to join me."

Wayne City Council members John Rhaesa and James Henley and Westland City Council members Christine Cicirelli Bryant and Meriem Kadi joined Kosowski.

The "Rep on the Road" series is looking for future additional locations. If your organization or group is interested in being included in a future event, please call (517) 373-2576.

WMHS All Class Reunion

Wayne High Schools Alumni Association 29th Annual All Class Reunion Banquet will be from 5-7 p.m. on May 17 (dinner at 6pm) at Wayne Tree Manor, 35100 Van Born Rd, Wayne. We will honor the class of 1963. For more info, please contact Sharon Scott at 722-4651 or sscott1@wcccd.edu. Visit waynehighalumni.com for updates.

The Drowsy Chaperone

Wayne Memorial High School will present the musical comedy The Drowsy Chaperone at 7 p.m. on April 25-27 and 12 p.m. on April 26 at Stockmeyer Auditorium at Wayne Memorial High School. Tickets are \$10 and are available at the door.

Downtown Clean Up Day

Help clean up downtown Wayne at 9 a.m. on April 27 at Wayne City Hall. The Wayne Ripple Effect is looking for volunteers who will help pick up trash and debris from the downtown area.



NEWS BRIEFS

Recycle at Henry's

Henry's Service Center, 3041 S Wayne Rd (corner of Wayne and Elm St.) is now accepting used oil and antifreeze. You can drop it off, at no cost, in sealed containers from 8 a.m. to 5 p.m. Mon-Fri. They will send it to be recycled.

Pet Clinic

Goody's Pet Supply, 35340 Michigan Avenue, Wayne, will host a Veterinary Clinic from 10-11:30 a.m. on April 7, May 5 and June 2. They will provide non-emergency vet care including vaccinations, microchiping, flea and tick prevention, heartworm preventing and testing. For pricing information visit www.VipPetCare-.com.

Youth Theater presents Annie

The Youth Theater will present Annie at 8 p.m. on April 19 and 20 and 2 p.m. on April 20 and 21 at the Wayne Activity and Banquet Center, 35000 Sims. For tickets call 734-721-7400 ext. 1309.

Skate park open

Grab your blades, boards and bikes. The Skate/Bike Park at Attwood Park will open this month from 3-7 p.m. seven days a week. Call (734) 721-7400 for more details.

Blast from the Past

St. Mary Parish and School will be holding their 2nd Annual Auction – A Blast From the Past – on Sat. April 20 beginning at 5:30 pm. Tickets are \$35 and include a strolling buffet and two drink tickets. Additional drink tickets may be purchased during the event. The event will include both silent and live auction items and various raffles throughout the evening.

Event registration and payment may be made directly to the school or parish office or after masses on the weekends of April 6/7 and April 13/14, or until sold out.

For additional information, please visit https://sites.google.com/site/smauction2013/home

Nature Walk

Join Rouge River advocate Kurt Kuban for a Dynamite Park Nature Walk at 10 a.m. on May 18. This is a free event and open to the public. For more information, contact waynerippleeffect@gmail.com.

Oakwood physician honored for

educational efforts

Oakwood Annapolis physician James Meza, was the first person to receive the Faculty Award for Excellence in Clinical Science Teaching recently by the Wayne State University School of Medicine. In addition to practicing family medicine and geriatrics in Westland, Dr. Meza is also an assistant professor of Family Medicine & Public Health Sciences at WSU. This award is one of four new accolades developed by the university school of medicine.

"These awards were created to recognize outstanding accomplishments by faculty in the specific areas of clinical teaching, basic science teaching, outstanding and lifelong research achievement, faculty mentoring, and support for women clinicians and scientists," said Roberta E. Sonnino, M.D., Vice Dean of Faculty Affairs at the WSU School of Medicine.

The award recognizes faculty who have demonstrated excellence in teaching students in the clinical or behavioral sciences over an extended period of time and who consistently serve as an effective and inspiring educator, she said.

"The awards will not necessarily be awarded every year if there is not a candidate who surfaces as being outstanding in that area," Dr. Sonnino said.

Relay for Life

Have you joined a team yet? The 2013 Wayne-Westland Relay for Life will be June 8 and 9 at Attwood Park. This 24-hour event is committed to raising funds to help find a cure for cancer. For more information, please visit relayforlife.org/westlandmi or join them on Facebook at Facebook.com/rlwestlandwayne.





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The Celebration Continues at



Wayne Rotary collecting items for Family Center

The Wayne Rotary Club is looking for your help with their April service project. They will be collecting items for the Wayne County Family Center. If anyone would like to make a contribution, items can be dropped off at the Wayne Community Center, 4635 Howe Road or the Wayne Public Library on Wayne Road between eastbound and westbound Michigan Avenue.

The items the Family Center needs most are:

· Gift Cards to local stores for unex-

- pected expenses
- $\boldsymbol{\cdot}$ New twin bed sheets
- pillows
- wipes
- Kleenex
- $\boldsymbol{\cdot}$ strollers and new car seats
- laundry baskets
- Fans
- Individual pre-packaged snacks
- \cdot Outdoor ride-on toys
- Bikes

• Outdoor children's toys like basketballs, bouncy balls, hula-hoops and jump ropes



Sweet tradition

The 34th annual Marshmallow Drop at Attwood Park was a success. Crosspointe Community Church sponsored the event and passed out 2,000 goody bags to kids. The weather was cooperative for all three drops.



YOUR SOURCE FOR POSITIVE COMMUNITY NEWS

Dispatch

Firefighter of Year award

The Wayne-Westland Fire Authority announced their annual award winners at their 2011-2012 banquet.

Congratulations to the following firefighters who earned **Merit Awards:** Ken Pyle, Carl Laubach, Matt Futrell, Andrew Ellis Jr., Nathan Rivier and Joe Wojtowicz.

Department Commendations: Robert Stoddard, Glen Wistinghausen, Jim Morris, Matt Futrell, Kevin Gilliam, Nathan Rivier and Rich Dege.

Special Recognition: Kevin Tomaszewski, Andy Stager, Darrell, Stamper, Dave Wylie, Billy Thomas, Kyle Soyko, Jason Reeves, Adam Lozen, Joe Mendrysa, Cullen Mckee, Craig Barker, Rob Caccia, Jeremie Schneider, Jeff Lachowicz and Troy Marlewitz.

Life Saving: Lieutenant Billy Thomas, Sergeant Troy Marlewitz, Firefighter Jason Reeves, Firefighter Nick Winrow, Captain Andy Buck, Captain Kevin Tomaszewski, Firefighter Ed Leskun, Firefighter Anthony Pizzini, Firefighter Brian Vogan, Captain Ken Hamilton, Sergeant Larry Cole, Sergeant Craig Barker, Sergeant Jeff Futrell, Firefighter Matt Brach, Battalion Chief Tim Wilson, Captain Steve Walters, Sergeant Glen Wistinghausen, Firefighter Kevin Gilliam, Firefighter Joe Mendrysa, Captain Ken Pyle, Lieutenant Dave Wylie, Sergeant Jeremie Schneider, Firefighter Randy Bradd, Captain Lee Triltsch, Firefighter Kevin Brookshire Jr., Sergeant Dave Farago, Firefighter Andrew Proctor, Retired Captain Michael Murray, Firefighter Matt Dicosola, Sergeant Kevin Brookshire Sr., Firefighter Jeff Stobbe, Captain Tim Marshall, Firefighter Alex Cowen, Firefighter Brian Wolf and Firefighter Rich Dege

The 2012 Wayne Firefighter of the Year is Jeremie Schneider and the 2012 Wayne Fire Officer of the Year is Captain Andy Stager.

Recipients of the Michael J. Reddy Award are Captain Mitch Tokarski and Captain Andy Stager.

Westland Mayor William R. Wild, Wayne Mayor Al Haidous and City Manager Robert English received the Chief's Distinguished Service Award for their work on the Wayne-Westland Fire Authority.



WWFA Awards banquet, State Senator Hoon-Yung Hopgood with Jeremie Schneider who was named 2012 Wayne Firefighter of the Year with WWFA Chief Michael Reddy and State Representative Robert Kosowski.









Cop Shops coming to elementry schools

By Jenny Johnson

Elementary school students in Wayne will see some new visitors in their buildings this spring.

Cop Shops will be established at Hoover, Roosevelt-McGrath and Taft-Galloway Elementary Schools. The program is a win-win for everyone. Police officers will have a secure place to be able to write reports while out in the field, elementary schools will have frequent police visits to their buildings and the new program won't require any additional officers and won't cost taxpayers anything.

The idea to re-establish the Cop Shops came from Lt. Daryl Rize. He saw a story on MSNBC after the Sandy Hook shootings about a town in South Carolina where the police chief wanted to put officers in the schools but didn't have additional money. So he decided to set up report writing stations in the schools so officers were regularly at the schools.

"My staff is phenomenal," Wright said. He immediately brought the

idea to City Manager Robert English and Wayne-Westland Superintendent Greg Baracy who were both very supportive of this program.

With the implementation of the Cop Shops at the elementary schools, all of the public schools in Wayne will now have a regular police presence. Both Franklin Middle and Wayne Memorial High School have liaison officers assigned full time to those buildings.

"Our schools are one of our biggest priorities," said Wayne Police Chief Jason Wright. "Schools are one of the most important things we can keep safe."

Each elementary school has designated a private secure office for the officers to write their reports. The Wayne Police Department will provide the computers they need. The cost is \$2500-\$3000 and will be paid for from drug forfeiture money.

"It is a minimal amount of money and the benefit is so great to get officers in the buildings a couple times a day," Wright said.

Former police chief Mike Sumer-

acki first launched Cop Shops several years ago in Wayne. They were located inside convenience stores around town.

There was a desk in the store and officers could stop in to write their reports.

The program was started as a way to keep officers out in the field while they were writing reports.

"When we became paperless we had to come to station to write reports and Chief Sumeracki said how do we keep officers out in field? So we came up with Cop Shops," Wright said.

The difference with having the Cop Shops in the elementary school is twofold. Officers will have a private and safe area to write their reports without getting distracted. They will also be able to be more visible in the communities they cover.

"For officer safety issues this is better," he said.

For the elementary schools, they have the security of knowing they are getting regular visits from police officers and a police vehicle will often be parked outside of the schools.

"The principals at each of the schools are happy and very welcoming," Wright said.

Wright said officers won't be assigned to a specific school but will routinely stop in to write reports. They also won't meet or bring anyone to the schools.

If they have an arrest and have to book someone, they will go to the police station. But if they have to write a report about an accident, larceny or damaged property, they can do that at one of the schools, Wright said.

The equipment has been ordered and the Cop Shops should be up and running in the next few weeks. They will operate through the end of the school year and start again in September.

The Wayne Police Department has always been proactive with our ideas and philosophy, Wright said.

"We have a great relationship with our schools," Wright said. "This is another way to reach out to the community."







Now Offering Spanish for K-6 Students!



Beginning with the 2013-2014 school year, Wayne-Westland Community Schools will offer Spanish language classes in grades K–6. Credits earned will fulfill one of the two World Language Credits needed to graduate from high school. For more information visit our website at *wwcsd.net* or call 734-419-2082.



District Mission Statement

The Wayne-Westland Community Schools, in cooperation with parents and the community, will educate and prepare all of our students to be knowledgeable, responsible, contributing members of a global society.

Gregory J. Baracy, Ed.D., Superintendent

Shopping cart safety

Injuries are among the most under-recognized public health problems facing the United States today. About 20 children die every day from a preventable injury—which is more than will die from all diseases combined. Automobile accidents are the cause of the most significant injuries to children, but falls are the most frequent reason our children get hurt.

About 100 children aged 14 and younger die from fall-related injuries every year. Those falls frequently involve playground structures, furniture, baby walkers or windows, but shopping carts also pose a serious risk.

The Centers for Disease Control (CDC) report that more than 23,000 children under 15 are injured by shopping carts each year. More than half of these injuries occur due to falling from the cart. Cart tip-overs are the second most common. Other injuries occur when children become trapped in the cart, fall while riding on the outside of the cart, or are struck by carts. Kids can also get hurt when they jump from carts or are pinched in the folding seat.

In 2005, more than 24,000 children were treated in U.S. hospital emergency rooms for shopping cartrelated injuries. In 2012 Oakwood Annapolis Hospital trauma services evaluated numerous children with injuries from falls, including several children who fell from shopping carts.

Injuries resulting from shopping cart falls range from minor bumps and bruises to more severe trauma, including head and brain injuries. Fatal injuries are rare, but have occurred. Tips to prevent shopping cart injuries include: • Ask your older child to walk with you. • Put your child in a stroller, wagon, or front pack instead of in a shopping cart. • Use shopping carts with safer designs, for example: carts with a small model car in front of the cart that allows children to ride closer to the ground.

When it is necessary to use a shopping cart, follow these safety practices: • Place your child in the shopping cart seat, and always use safety belt. • Stay with your child. Experts say that more than 80 percent of adults leave their children unattended at least once during a shopping trip. • Always use the safety harness or belt, but don't trust it completely. Not all types of buckles on child-restraint systems are equally child resistant.

Finally avoid these unsafe shopping cart practices: • Don't let your child ride in the cart basket, under the basket, on the sides or front of the cart. Also do not allow a child to stand-up in a shopping cart. • Don't let your child climb on the shopping cart, the child may fall or the cart can tip over. • Don't allow an older child to climb on the cart or push the cart with another child inside. • Don't leave your child unattended in a shopping cart. • Never place your own infant carrier on top of a shopping cart. Use the shopping carts where the infant seat is permanently attached and made part of the shopping cart.

John Cargill RN, BSN, is the Trauma and Emergency Management Coordinator at Oakwood Annapolis Hospital.



12 · April 2013

YOUR SOURCE FOR POSITIVE COMMUNITY NEWS

100 ways to help community

The name: Wayne 100 Club. This is the easiest, no sweat charity you could belong to. Simple as sending in a membership fee of \$100 and attending a lovely lunch once a year. What could be easier than that?

This is one of the best of the local charities. Your membership fee is used to help local families. The following partial list of grants will illustrate the type of contributions given to those in need: A recently unemployed person who suffered a stroke and has 3 children; A cancer mom with husband off work; A foreclosure, several children and the husband disabled; Food needed because of unemployment; Eyeglasses for a student at Hamilton School; Someone in need of a wheelchair ramp and A Grandma with custody of 4 children asked for help.

Thirty-four such grants were made between August 2012 and December 2012. In addition to these grants, Wayne 100 Club made contributions to First Step Domestic Violence shelter in Wayne and St. Mary's Outreach Center. Wayne-Westland School District provided transportation for 150 kids to get eye exams. The eyeglasses are provided through a grant, in conjunction with Ford Motor Company.

If you would like to join this wonderful club, you can pick up membership forms at the 29th District Court on Sims Street.

The Women's Fellowship of the Congregational Church served a delicious lunch as they always do.

It's just that much better when you share it with friendly tablemates like Dick Clark, Corky Hayes, Patt Hartford, and Nancy Wojewski-Noel.

The Ladies' Literary Club held their scholarship fundraising evening last month. Karen Healey, Sue Damitio, and Bev Woodward headed the committee. Sue and Karen created Irish Trivia contests for our competition. Questions such as who wrote "The Importance of Being Ernest", name of the priest in "Boys Town", and what is Poteen? The one question no one could answer waswhat was the importance of Harland and Wolf in Irish history? The answers are: Oscar Wilde-Father Flannigan, whiskey, and finally, Harland and Wolf were the shipbuilders of the "Titanic."



Bev Woodard and Cindy Kelly made dozens of delicious cream puffs and I shared a table with friends Louise Steinhauer, Carol Bloomfield, Grace Tocco, Lois Press, Phyllis Stein, and Bev Woodard.

A pleasant evening, good company, a nice crowd and (I hope) plenty of money for our scholarship fund.

The Garden Club Cookbooks are printed, are here, and are beautifully done. Crammed with delicious recipes from Garden Club members. The books are \$10 each.

I especially want to thank the merchants who helped defray the cost by placing ads in the books.

True Value Hardware---thank you Phil Kaplan. Hydro Spot, the Hydroponic Gardening Supply store 34236 Michigan Ave.; Wayne Lawn and Garden Center; Garden Fantasy—Greenhouse and Florist; Barson's Aquatics and Ponds; Keller and Stein Florist; English Gardens; Schwartz's Greenhouse; Stempien's Landscape Supply Center; Countrywood Florist; Uht Funeral Home; Westland Storage; Jack's Sport Center; G.I. Surplus; and A.K.A. Sports. We appreciate your generous contributions.

The cookbooks will be sold during this year's Garden Walk—June 22, from 9am—3pm.

My husband, Kerran, really appreciated the Tomas Holmstrom autograph signing night at the Downtown Avenue Sports Bar and Grill. The evening raised money for Wayne's Goodfellows (No Child Without a Christmas) and it was a great success. He got three autographs; two of them for our sons-in-law. I understand the Avenue was packed, and Mr. Holmstrom was kindly taking pictures with kids and other family members.

Belated birthday wishes to Mrs. Edna Kingsbury who shares a birthday with me.

Get well soon wishes to Bridget



Tomas Holmstrom fans came out to support the Wayne Goodfellows, Holmstrom autographed a variety of items for them including The Wayne Dispatch.

Kelly—she broke her shoulder— ouch and double ouch.

And then I have some sadder news. Recently we lost two dear neighbors—Clara McDonald and Janet Sanderson. Clara and her late husband, Bill, were both teachers in the Taylor School District.

They were also long time mem- be missed.

bers of the Wayne's Democratic Club. Ms. Janet Sanderson, had been a secretary at Ford Motor Company.

secretary at Ford Motor Company. She had worked there for many years and had enjoyed years of retirement before her death.

Both women had been long time friends and neighbors and both shall be missed.





YOUR SOURCE FOR POSITIVE COMMUNITY NEWS

Health in early days

Good health is a hot topic in today's world. We are bombarded daily through television, newspapers, billboards, magazines, and the internet with information on good health, new treatments for every ailment. new medicines and doctors who specialize in just about every field of medicine. We understand more about the importance of good health and how we can keep our bodies physically fit and healthy by eating well, exercising, getting annual physicals, and practicing preventative medicine. We can go on line and find out about an ailment, its causes and remedies. There are a number of physicians in every town, emergency care clinics on many corners and fully trained rescue squads who respond in minutes to medical emergencies. We are, or should be, a very healthy society. But, in early Wayne life was much different.

The early settlers did not understand what caused many of their illnesses or how to treat them. Home remedies were passed down from generation to generation. Sometimes they worked and sometimes they did not. The average life expectancy was much shorter than today's due to illness, accidents, lack of medical care and medicine. In those days, the doctor (if there was one) came to your home to diagnose and treat patients. Many small towns did not have a doctor so you traveled to the next town to seek help. Often, people relied on the local druggist to diagnose ailments and treat them with drugs available at that time. Owen Raymo opened up a drugstore in Wayne in 1887 on





Monroe Street. It became J.E. Dowling Drugs in 1920 and continued for many years. Zimmerman's Drugstore was popular from the 1870's until 1904. Walter O'Brien opened his drugstore in 1908 on Michigan and Monroe Street and his descendents still live in the area today. Many long time residents will remember Cunningham's Drug Store on the corner of Wayne Rd. and Michigan Ave in the 40's and 50's. Northside Pharmacy owned by John Campbell was a well known drugstore in the 1950's through the 70's as was Cobb's pharmacy on Wayne Rd. and Annapolis which was owned by Ron Cobb.

The first doctor to practice in Wayne was Dr. Julius M. Hume who came to Wayne in 1832. He came from Massachusetts and treated people in our community until 1854. There were many doctors who followed Dr. Hume in setting up practice in Wayne and a number of them were born here, attended Wayne High School, went away to medical school and came back to Wayne to practice. Some of these doctors came from prominent Wayne families such as Drs. Bunting, Cady, Stellwagen and Walker. What Wayne lacked was a hospital until Dr. Clarence Carpenter (a 1914 gradu-



Carpenter Clinic and Carpenter Hospital. Photo Courtesy of The Wayne Historical Museum

ate of Wayne High School and a relative of Irving Carpenter who built Carpenter's Lake and Tourist Center on Hannan Rd.) opened Carpenter Clinic in 1929. It was located in a large house on the North West corner of Biddle and Norris streets facing Main St. A few years later he built a three story brick addition to the clinic and named it Carpenter Hospital. The hospital contained an emergency room and an ambulance loading area. It contained treatment rooms, one small operating room and one large one, an office, four six bed wards, nine three bed rooms, and several private rooms for a total of 55 beds. The basement held the kitchen, staff dining room, staff lavatories, storage rooms and linen storage closets. One bath tub and one shower were located on the first floor to serve the whole hospital. Many "old timers" in Wayne were patients of Dr. Carpenter and were treated at Carpenter's Hospital and many were born there. (Including my husband.) Carpenter Hospital was demolished around 1967 during urban renewal.

In 1932, another clinic was built on the north east corner of Sophia and Michigan Ave. eastbound. It was called the Wayne Clinic and built by Dr. James Caraway and Dr. R. G. Huff.

When Dr. Caraway left for service in the Army in November, 1942, he turned the clinic over to Dr. Huff. (Dr. Caraway would serve in the Army Medical Corps for three and a half years and then return to Wayne to practice medicine until he retired in 1962.) Dr Huff owned the clinic until he sold it to Dr. Rene Archambault in 1956. Dr. Archambault took over the operation of the clinic and enlarged it to a 37 bed facility called Nankin Hospital. Nankin Hospital closed its doors and was sold to become an apartment building. The building was destroyed by a fire in 2004 and demolished a week later.

During the war in the 1940's many people came to our community to live and work at the plants designed to build war equipment. There was a drastic shortage of doctors to care for this influx of people. Norwayne was built by the government to house people and the government often deferred men with medical degrees and sent them to towns like Wayne to practice medicine. Dr. Kenneth Dryer was one of these doctors. He lived in Norwayne and treated patients in the community opening his office on Wayne Rd. in 1950. (He would later become Chief of Staff at Annapolis Hospital. His wife Betty still lives in Wayne and is active in the community.) Other doctors, that many will remember, who were sent here by the government or came on their own were Doctors Parker, Ujda, Gigniac, Caraway, Archambault, Huff, Vincent, and Richardson to name a few. Many of these doctors not only treated people who were ill but also became friends of their patients and important leaders in the community.

As our community grew, so did the need for another hospital. In 1958 People's Community Hospital Authority was built on the corner of Annapolis and Venoy roads to serve the residents of Wayne and surrounding communities. It later became known as Annapolis Hospital and then Oakwood Annapolis Hospital.

Today, we have many choices of doctors, hospitals and excellent health care systems. We have come a long way in the health care field but it is good to remember the friendly small town doctors, neighborhood clinics, and hospitals that were the forerunners of today's medical facilities.

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A year later

I returned to Wayne at the end of February of last year from the Biggest Loser ranch in California. I returned to CA in March of this year. During my trip I was flooded with thoughts, memories, and emotions. It finally dawned on me that the ranch wasn't just a place that people watch on TV. For almost six months, it was my home. I hadn't realized how much it had impacted me.

A lot of people are curious as to how I'm doing physically after a year. Since I have decided to be in the public eye, I think it's a fair question. So I'll give you my numbers. At my heaviest, I weighed 440 pounds, but when I began the show I had gotten down to 403 lbs. When I left the show last February, my last weigh-in showed that I was 260 pounds. Currently I weigh 253 pounds. My waist size at the biggest part was 64" when I began the show. (Crazy to think I was 5'4" around!) Now my waist is 40".

It is not easy to keep weight off even now. You may think that anyone who gets to be on Biggest Loser basically has their weight-loss handed to them on a plate and then it's easy sailing. You'd be wrong. The contestants on the show are real people who have real struggles and they fail sometimes. I struggled when I got home and put some weight on before I got a handle on things. I'd like to share some tips with you on how to maintain weight loss long term.

My first piece of advice is to



gain weight back, start logging your food again. (I use www.myfitnesspal.com when I'm logging food) I don't always log my food, but when I feel like I'm gaining, it always helps me get back on track. This website will give you valuable data to get back on track.

Second, get on the phone and get an exercise buddy. In the long run, you are much more likely to keep exercising if you have friends to do it with! If you don't know anyone, join a class that exercises as a group and meet people. The Wayne Recreation Center has many classes that you could sign up for!

Lastly, have a plan! Make Sunday your meal planning day! Go get your fruits and veggies and get them prepped for the week. Also, have an "eating out" plan! Start making better choices about where you eat and also decide ahead of time what you will eat. If you wait until you get there, you're more likely to eat unhealthy!

It's been a year, and I'm still learning! My goal is to lose another 25 pounds this year. What's your goal this year? That's all for now, but next watch your diet. If ever you start to month, there'll be more to the story...







Biggest Loser season 13 contestants Kim Nielsen, Buddy Shuh, Chism Cornelison and Mark Cornelison at Biggest Loser House mountain.



Kim Nielsen, Tracy Martins (Drummer from REO Speedwagon, spin class instructor) and Buddy.



Buddy at the Biggest Loser ranch.



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Dispatch

April 2013 · 15

City leaders share state of community

Wayne city officials presented a State of the Community address at the March Chamber of Commerce luncheon. They shared the economic and development status of the city with Wayne business owners.

The good news is the merging with Westland of the fire and parks and recreation departments have made it possible to continue to provide the an enhanced level of services to residents.

"There are a lot of positive things you can see in the community," Mayor Al Haidous said.

Several businesses are reinvesting in Wayne and have expanded and renovated their facilities over the past year.

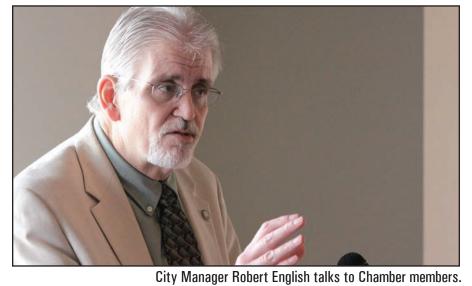
"Ford Motor has been in Wayne a long time and continues to reinvest in Wayne," said Peter McInerney, community development director.

Renovations at Wayne Industries, American Jetway and Mark Chevrolet are currently underway.

Wayne Industries had tenants who will invest \$3.8 million and add about 20 jobs over the next two years. American Jetway bought a 17acre property on Venoy and they are planning a \$15 million expansion. Weiser Recycling will be able to expand their operation because of land the city acquired through Wayne county tax program. Mark Chevrolet bought and demolished the old Beehive Restaurant to make way for their expansion.

The State Wayne Theater is being managed by Phoenix Theaters and now shows first run movies and has updated the movie screens, sound and concession area.

Other businesses have made a



commitment to Wayne by purchasing buildings instead of renting. These include Sunshine Party Store, Dr. Swarna, Advanced Mobility and 7

Star Liquor. "It's really a testament of how comfortable they feel about working with Wayne. They are choosing to stay in Wayne," said Mathew Mulholland, personnel director/economic development specialist.

New businesses coming to town include Black Diamond Fireworks on Michigan Avenue and McDonalds on the corner of Wayne Road and Michigan Avenue.

"McDonalds will help spur other developments downtown," Mulholland said.

There is also a new tenant for the former Wayne Eagle building on Michigan Avenue.

No site plan has been submitted vet.

"The financial situation (in the city) is extremely challenging," McIn-

erney said. But he said the city wants to work with all businesses. "Our door is open."

The city has also come up with a plan to make it easier for businesses planning interior renovations. It is called Site Plan Light and is a more simplified version of the site plan process.

"Site Plan Light is one of the things I am proud of," said City Manager Robert English. "We don't want to get in your way. We want to be there to help you and speed up the process."

The not so good news is that the city is facing a \$2.4 million deficit due to a more than seven percent drop in property values in residential assessments.

Home rentals, which used to make up about 25% of the housing stock in the city, now are at 40% and increasing, said Mulholland.

He added the city does have a rental inspection program though.

Because of budget cuts, the building and engineering department has a smaller staff so they have enlisted the help of the fire department to monitor and enforce ordinances.

"We have to keep our neighborhoods strong to keep the rest of the city strong," Mulholland said. "It's important to monitor them and keep them in a state that keeps us moving forward and not sliding backward."

Another business-friendly program the city is working on is a commercial redevelopment district. Along Wayne Road from Sims to Glenwood they want to create a district to encourage expansion and modernization of current businesses and attract new businesses.

They are working in conjunction with the City of Westland who has created a commercial redevelopment district on Wayne Road from Glenwood to Cherry Hill.

Mulholland said he would like to see development of the intersection of Glenwood and Wayne Road and the site of the former Frank's Furniture. "We don't own the property but we can offer tax incentives," he said.

On the recreation front the city has "made great advancements with the Rouge," he said. The dam removal project has made more opportunities available along the Rouge River.

Wayne, along with Canton, Dearborn, the Friends of the Rouge and the Association of Rouge Communities has applied for a \$50,000 Urban Waterways Project grant. This grant would map the river and figure out how to develop recreational opportunities, including canoe launches, along the river.



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