

# THE WAYNE Dispatch

SEPTEMBER 2017



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**By Carolyn Marnon**

If you attend events in Wayne or belong to any of the community groups in Wayne, more than likely you have run into Pat Rice. Her bright smile and welcoming way are noticed. It doesn't matter that she is usually wearing a t-shirt of some sort that promotes Wayne...like the Wayne Rotary shirt that declares "Rotarian at Work," her Wayne Main Street Volunteer shirt, or her "Let's Put Wayne on the Map" Google shirt. She is a true champion of Wayne.

Born in Detroit over 70 years ago, Patricia Rice was adopted when she was 3 days old by Willard and Rosemary Sawyer of Cass Lake, Michigan. She lived in Cass Lake until kindergarten when she started attending Berkley Elementary in Berkley. She attended schools in Berkley through high school except for one year when she attended Our Lady of Mercy High School in Detroit. She spent two years at Schoolcraft College before going on to graduate from the Real Estate Institute and became a Certified Residential Specialist. Pat never had the urge to locate her birth parents. She says Willard and Rosemary, her parents, "gave up their life to raise me." Pat's mom is now 103 years old, "but I'm adopted. I don't get any of those genes," she laughs.



Past Diamonds of the Community Bridgette Kelly and Lois VanStipdonk with Pat Rice at the Wayne Rotary Steak dinner.

Pat has been a professional realtor for 31 years, having worked with Century 21 and currently with RE/MAX Classic. She was in the top 1% of realtors in Wayne County in 2016 and the top 5% of realtors in Southeastern Michigan in 2016.

Why did she make a career in real estate? While working in a doctor's office, a friend told Pat that she'd be good at real estate. Pat decided to give it a try and became a licensed realtor. On her first day on

the job, she sold a house. She said, "I'm in if it's this easy!" It's not always easy, but that hasn't deterred Pat from being a successful realtor helping others find and/or sell homes.

Pat was married for 39 years to Richard (Dick) Rice. He died in 2003. While he was in the Air Force, they lived in Aviano, Italy for several years in the 1960s. Before moving to Wayne, they had also lived in Royal Oak and Romulus. Pat has 3 children Richard (Dick) of Dearborn,

Jeffrey (Jeff) of Milford and Krysten of Canton, along with 3 grandchildren-Eden (age 14), Clayton (age 10) and Anthony (age 8). If the grandchildren are visiting her and she has homes to show or meetings to attend, she takes the grandchildren with her. "Grandma, everyone knows you," they say.

Her first volunteer gig was back in the late 70s/early 80s. She became a volunteer Sunday School pre-school teacher at St. Aloysius in Romulus. She says she had no teaching background, but a fellow Wayne resident (and former Diamond of the Community also), Lois Van Stipdonk had been the teacher and encouraged Pat to take over.

Eventually, Lois got Pat to join the Wayne Rotary. "I don't think she (Lois) realizes that she was the spearhead of my volunteering."

Although gardening is one of her hobbies and she has a beautiful, well-manicured lawn and lots of colorful plants that make her house stand out in her subdivision, Pat says she has no time to join the Wayne Garden Club. She says she did win a garden award for her yard when she lived in Romulus. Her other hobbies include sewing, reading fiction, walking by herself and biking. She's been a member of the Wayne Book Club Divas for 16 years; the group meets once a month.

Pat is able to dedicate so much time to volunteering because her career as a real estate professional has her working mostly in the evenings and on weekends. She sits on several City of Wayne committees: the Planning Commission since 2005 and the Local Office Compensation Board since 2005. She also did time on the Cemetery Board from 2003-2014.

Pat has been the President of the Glenwood Heights Homeowners Association/Subdivision for 21 years. She says she meets great people and believes that God gives you talents and makes things happen so you are able to share your talents.

The Wayne Rotary has a history of people that make it functional, serving the community and the world. Pat says Rotary International is instrumental in raising the money needed to eradicate polio. Bill Gates has been instrumental also by matching the money raised. She says

See **Diamond**, page 10

# The train comes to Wayne

Wherever you live in Wayne, you are aware of the trains. You can hear their whistle and the clickety clack of their wheels on the rails at all times of the day and night. The Rouge River, which flows through our town, is especially helpful in carrying the train sounds from one end of town to the other and beyond. But there was a time when there were no trains or tracks anywhere in our state or country.

Historians tell us a basic form of railway was used as long ago as 600 BC. It was called a "rutway" and existed in ancient Greece and Roman times. It was important as a ship trackway and was called Diolkos which crossed the Isthmus of Corinth. It faded from historical records after 650 years. During the 16th and 17th centuries, hand propelled mining tubs were used in Europe to carry coal in mines. The first overground railroad in England had wooden rails, were horse drawn and were used in mining. In 1698 Thomas Savery built the first steam pump which led to the development of the steam engine. In 1804 the first steam locomotive was invented. In 1828 the Baltimore and Ohio Railroad laid 23 miles of tracks and was known as the first public railroad in the U.S. The steam locomotive used was called Tom Thumb. Soon rails were being laid across the country to move goods and people. In 1865 the Pullman sleeping cars were introduced for long distance travelers.

With that bit of history, we look at the impact rail service had on our community. In 1836 a road was "grubbed" from Detroit to Ypsilanti for the Detroit & St. Joseph R.R. Prior to that time, Michigan Avenue was the primary road for all traffic of people, horses, wagons, buggies and stage coaches. Trains were bound to change everything. In 1837 the government bought the rail line and changed the name to the Michigan Central. It was wet and boggy in this area and the cost to build the rails was \$3,200 per mile, a huge sum for the time. When it was completed it was considered to be a marvel to the twelve families who lived in the area at that time. The first trip from Detroit to Ypsilanti took place in 1838 and the fare was \$1.50. In



1930 the Michigan Central became the New York Central and in 1968 was changed to Penn Central.

Over time more and more railroads were built and connected to this line, producing a large rail network across Michigan and the entire country. In 1871 The Holly, Wayne and Monroe railroad was built west of town. It later became the Pere Marquette. The new railroad connecting with the Michigan Central, gave Wayne a new importance. Detroit residents came out to Wayne and changed to the Pere Marquette to go north to Plymouth and Northville and south toward Monroe. After 1875 the Pere Marquette was changed to the B&O and then the C&O.

The Michigan Central depot was located between the tracks of the railroad. It was a two story white frame building and was also a residence for the station agent, Harvey S. Coleburn who served for many years. The Coleburns were once shaken up when an engine left the track and ploughed into the station house. The depot was an interesting building. The roof on the north side extended two or three feet and was supported by iron swans. It was later moved west to Sophia Street and was bought by Charles Attwood when he acquired the property to enlarge his Unistrut Company. The swans disappeared when the building was razed.

The Wayne depot was built in 1872 to handle the increased passenger traffic coming through the area. The building had a waiting room as well as railroad offices and freight storage. In 1924 it was removed after over 50 years of use. It was located on the north side of the railroad tracks behind the shopping center that now houses the Jimmy Johns restaurant.

The town of Wayne had first developed on the old Chicago Road (Michigan Avenue), then moved to



The Wayne section crew on the MCRR. Charles Goudy is second from left.

the railroad as it assumed greater importance in transportation. With the coming of the automobile, however, the center of town shifted once again to the highway at the intersection of what is now known as Michigan Avenue and Wayne Road. The importance of the railroad was noted in the "Wayne Review" in December of 1878 when it was reported that "one day last week one of the most valuable trains that ever passed over the MCRR passed this station. Six cars loaded with \$18,000,000 worth of silk -worm eggs, going to France."

The railroad brought much to our community and helped it grow.

There is lots more to learn about the impact it had on Wayne. Come in to our museum and see items like the hand bell the conductor used to announce the arrival of the train to Wayne station or the lantern used by railroad workers to signal the engineers and communicate in the dark. Learn the fascinating story of Railroad Jack. Your historical museum has many stories to share with you.

*(Information for this article was taken from the book "The City of Wayne" by Wayne resident Valerie Latzman and displays in the Wayne Historical museum.)*

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## NEWS BRIEFS

### Forest Park update

City council approved a bid award with Giannetti Building Development to install and repair ball fields at Forest Park. This will be paid for by a grant from the Michigan Economic Development Corporation. The work, which includes new player benches, field reconditioning and tee ball field backstops, must be completed by September 30 under the terms of the grant.

### Suicide awareness community forum

September is National Suicide Prevention Awareness Month. Wayne Youth and Family Services will be hosting a Suicide Awareness Community Forum on September 6 at 6:00 p.m. at the Wayne Public Library. Mental health professionals will discuss warning signs for suicide and resources on where to get help. Local community agencies and members will be available to answer questions and give more information on local mental health agencies.

All are welcome. Light refreshments will be provided. RSVP to Carie Vella at (734) 721-7004.

In Michigan, suicide is the 2nd leading cause of death for ages 15-34. If you miss the event in Wayne, there is an event at Westland City Hall on September 9 from 10:00 a.m.-1:00 p.m.

### Wayne Historical Society upcoming events

- Join the Wayne Historical Society on Wednesday, September 13, at 6:30 p.m. for the third talk in their "Made in Wayne Transportation Se-



Wayne Police at the Wayne City Council meeting Left to right. Lt. Strong, Lt. Carter, Sgt. Springer, Sgt. Amore, Officer Perez, Officer Boruta, and Chief Maciag.

## Police receive awards

At the August 15 city council meeting, several Wayne police officers were presented with service awards through the Wayne Police Citation Board.

Officer Nicholas Boruta received a Commendation Award Ribbon. He helped locate individuals who did damage to property in the downtown parking structure in January 2016.

Sergeant Robert Amore received a Commendation Award Ribbon. In October 2016, individuals broke into and entered Frasier's Towing. Sgt. Amore watched the security video and recognized the individuals. They were arrested later that day.

Officer Stephan Perez received Life Saving Award Ribbons for two cases. In January 2016, he responded to a family disturbance call that involved a youth with a severed arm. He applied a tourniquet, got medical help and saved the youth from severe medical issues or death. In September 2016, he responded to a call involving a suicidal individual at Red Apple. The individual was using a knife to cut his/her arm. Officer Perez applied a tourniquet and got the individual transported to the hospital.

Officer Chad Jagotka received a Life Saving Award Ribbon by preventing a woman from dying by suicide in January 2016.

Cemetery Walk on Sunday, October 1, from 1:00 p.m.-4:00 p.m. at St. Mary's Catholic Cemetery. This will complete the cycle of all cemeteries within Wayne's city limits. Past walks were held at the Old Wayne Cemetery, Glenwood Cemetery and West Lawn Cemetery. Light refreshments will be served. Donations will be accepted.

- The final "Made in Wayne Transportation Series" talk will discuss Bendix aviation, Gar-Wood and the Lincoln/Mercury/Ford plant in Wayne. Program will be Thursday, October 12, at 7:00 p.m. in the Wayne Historical Museum. Light refreshments will be served.

### Caregiver conference

Join The Senior Alliance as they present a free 2017 Caregiver Conference on Saturday, September 23, from 9:00 a.m.-3:00 p.m. There will be workshops, resources, flu shots and food. The conference will be held at the Wayne County Community College Downriver Campus in Taylor. For questions, contact Cortney Esquivel at [CESquivel@tsa-link.org](mailto:CESquivel@tsa-link.org) or 1-800-815-1112.

### HYPE up for Halloween

Get ready for a Spooktacular family fun event Friday, October 27, at Attwood Park. The 2nd annual HYPE Up for Halloween will be 6:00 p.m.-9:00 p.m. There will be a special time of 5:00 p.m.-6:00 p.m. for disabled children to trick or treat.

### Cardio drumming comes to Wayne

Every Monday evening at 7:00 p.m. you can now attend cardio drumming in Goudy Park at the Amphitheater. Registration begins at 6:20 p.m. Waivers need to be completed before participating, so be

ries." This presentation will be held at the Wayne Public Library. Light refreshments will be served.

- The Wayne Historical Society will be holding their 4th annual

See **BRIEFS**, page 12



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# Wayne's bike rack campaign succeeds

Spend some time in downtown Wayne and it's clear that biking is positively impacting our community. More and more Wayne residents are using pedal power as a healthy way to enjoy our city's downtown space. Ridership in the Wayne Bicycle Club's weekly slow-roll style ride every Thursday evening (Spring through Fall) has also been steadily growing since the club was founded last year.

During summer events like this year's Downtown Days and the Concerts in the Park series at Goudy Park, it was typical to see bikes locked to fences and posts, as community members opted to bike to these great community events. While we were encouraged by the growth of biking in Wayne, Main Street knew that we needed to do something to promote our city as a bikeable destination. Working closely with our stakeholders and the City of Wayne, our organization felt that the largest area of need was greater access to secure bike parking in downtown Wayne.

In late July, Wayne Main Street, in partnership with Mark Chevrolet, the Wayne Bicycle Club, and the Wayne DDA launched a crowdfunding campaign to install bike racks in downtown Wayne. The goal was to raise \$5,500 in local contributions in 35 days through Patronicity.com, a Michigan-based online fundraising platform, similar to GoFundMe. Because Wayne is a Main Street Community we also had the opportunity to win a matching grant from the



Michigan Economic Development Corporation's (MEDC) Public Spaces Community Places program if we were successful in meeting our goal. Not only did we meet the goal for this project, but we exceeded our wildest expectations, fundraising \$7,897 in our community, and winning the MEDC's matching grant award.

With this funding, over the next 2 months Wayne Main Street will work with the City of Wayne to install 20 brand new bike racks in downtown Wayne and refurbish the existing bike racks located at City Hall, the Wayne Library, and the Wayne Historical Museum. Additionally, we will be producing a biking route and safety brochure; and in collaboration with the Wayne Bicycle Club host a series of pop-up bike repair events this Fall 2017 and Spring 2018.

We are so excited to see how bike racks will transform downtown Wayne. Providing access to bike parking will hopefully encourage residents to take advantage of our historical downtown and its many shops, dining opportunities, and entertainment options. This project would not have been possible without the support of community members, businesses and organizations



Mark Chevrolet's Chris Cabana puts the Wayne bike rack (Patronicity) campaign over the top with a One Thousand Nine Hundred and Twenty-Five dollar check that he presented to Wayne Main Street President Juan Bradford.

who stepped up to contribute to the thank you to all who donated to this Patronicity campaign. A special campaign.

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# Locally-Created and Cast Feature Film “Kid Brother” to Debut in Theaters Sept. 13

For brothers Bryce and Devin Cameron, it has been a wild year that will peak in mid-September at the premiere of their locally-produced feature film "Kid Brother."

What began as an idea and a dream has blossomed into a reality bigger than the Dearborn brothers could have ever hoped for: the chance to release their movie in theaters. The Camerons began writing the dramatic comedy early last year with a kind of creative pragmatism that has served them well in the past.

Bryce and Devin developed “Kid Brother” with every intention of keeping the project centered in Michigan. The film’s three talented leads, Tonya Hawkins, Peter Hérold and Fox 2 Detroit’s Alan Longstreet, all hail from the Great Lakes State and metro Detroit.

“The goal was simple: make a great movie, make it on a small budget, and make it at home,” said Devin Cameron, co-writer, director

and younger of the two siblings.

**National Premiere,  
Local Charity to Benefit:**

The national premiere will take place Wednesday, September 13th, at 7:30 p.m. at the Phoenix Theatres State Wayne location on Michigan Avenue in Wayne, the same location several scenes were filmed. Cast members and crew will be onsite to welcome the public and be available for photographs at a meet-and-greet beginning at 6:00 p.m. before the film plays on all four screens at State Wayne.

Champions of Wayne, an innovative and unique educational program for students that involves adult mentoring, customized academic goals and financial incentives at Wayne Memorial High School, will be the charity benefactor of the premiere.

Additional multiple showings of “Kid Brother” will begin September 15 at the Phoenix Theatres Laurel



Park in Livonia, and at the end of the month at Phoenix Theatres Mall of Monroe.

### Locally Grown Film:

Bryce Cameron, who co-wrote and worked as creative producer on the movie, said: "Though the film incentive program isn't what it used to be, movies are still being made right here by Michigan natives. It's still a great place to collaborate and create."

The intense shooting schedule took the crew all around the Metro area, including the cities of Detroit, Wayne, Livonia, Ann Arbor and Dearborn. Featuring local landmarks like the Wayne History Mural and the Detroit cityscape are ways the Camerons use the film to pay homage to their home. Local artists have also contributed two original songs.

That's how "Kid Brother" came to be; a story about how our past can shape our present, the lingering effects of unresolved grief and the strength found in relationships. The character Aaron (played by Longstreet) is a sullen night janitor whose lonesome life gets shaken up when little brother, Jared (Hérolde), turns up at his door hoping he will help reconnect with their estranged father. Aaron's mundane life gets even more complicated when a chance encounter with a woman named Amanda (Hawkins) and a

dropped phone number sets in motion the makings of a hilariously awkward relationship.

"We were very fortunate to surround ourselves with talented, determined people based right here in Michigan excited to help bring this movie to life," Bryce said.

Filmmaker Robert Dyke (Moontrap, 1989; Moontrap: Target Earth, 2017) said that when he met Bryce and Devin, “I was impressed by their passion for filmmaking. “Kid Brother” confirms to me that they are true talents, with the abilities to create meaningful movies.”

The Camerons placed a premium on rehearsing and planning to ensure that actual shooting days went as smoothly as possible.

“When the budget is this small, it’s really a delicate balance where people are wearing many hats, but if you can frontload the project with a lot of prep, you can minimize the margin of error and set yourself up for success,” Devin said.

**"This film tells a very human story with depth and thought about two brothers getting in touch with their unfinished hurt."**

# Cory Jacobson

## Owner of Phoenix Theatres

"This film tells a very human story with depth and thought about two brothers getting in touch with their unfinished hurt," said Cory Jacobson, owner of Phoenix Theatres. "There is something very gripping about people facing the pain left of a relationship with the father that wasn't there. We thought it's an important film presenting a realization in many lives, thoughtfully expressed and rarely discussed in real and passionate terms."

Tickets are available for purchase  
at [phoenixmovies.net](http://phoenixmovies.net).

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# It's a "grand" opening in Wayne

Tubby's Sub Shops is on the move, again. The "Detroit Original" sub shop featuring submarine sandwiches "grilled to perfection and made to order," is making its latest appearance in Wayne County, this time with a new location in downtown Wayne.

The newest Tubby's is conveniently located at 4429 South Wayne Road in the downtown area and celebrated its Grand Opening on August 15. The ribbon cutting ceremony was attended by local politicians, chamber members and the public who were encouraged to stop by, meet the owners and enjoy Tubby's samples.

"With all the exciting development activities in Wayne County, we decided that this was the place we wanted to invest with a brand we are proud to represent," said Fadi Salhab, the store owner. "Tubby's has a proven track record in metro Detroit and we're pleased to be part of that on-going tradition." This is Mr. Salhab's second Tubby's restaurant and will offer both drive-thru and dine-in service. "We're co-located with a Coffee Beanery, meaning that this venue has great food and beverage options for breakfast, lunch and dinner."

Tubby's is the 49-year-old franchise operator renowned for its Steak N' Cheese, Tubby's Famous and its line-up of dozens of made to order subs, catering items and Monster party subs. As a Detroit Original, Tubby's was grilling its subs long before it became a national trend to do so. Mr. Salhab said that he's been a longtime Tubby's fan and mentions the Steak N' Cheese as his all-time favorite sandwich.

"Our business model is built on serving quality products with an absolute commitment to customer service," said Bill Kiryakoza, executive vice president at Tubby's who oversees franchise development. "In Wayne, we're thrilled to be partnering with a proven operator at an excellent location to deliver on the Tubby's promise for Wayne residents and visitors alike."

Much of Tubby's recent growth stems from its 'Tubby's 201 Plan,' a comprehensive review and reinvention of the brand. As part of that plan, the company has increased its marketing budget, focused its



Store owner Fadi Salhab cuts the ribbon at the grand opening of Tubby's Sub Shops and Coffee Beanery with the Wayne City Council, Wayne Administration and the Wayne Chamber of Commerce.

menus, added exciting limited time offering subs, enhanced catering packages, and increased drive-thru and delivery. Kiryakoza mentioned that a typical Tubby's store employs 10-20 people in both full and part time positions. To learn more about Tubby's Grilled Subs and to find the location nearest to you, please visit [www.Tubbys.com](http://www.Tubbys.com) or follow Tubby's on Facebook for the latest news.

## About Tubby's Grilled Submarines:

A 'Detroit Original,' the first Tubby's Sub Shop was founded in 1968 by Richard Paganese and was grilling subs long before it became a national trend to do so. Headquartered in Roseville, MI, the franchise has since grown to include 61 locations throughout Michigan with more coming in 2017. Over and above all else, Tubby's has an unsurpassed commitment to quality and the delivery of premium quality grilled submarines on freshly baked homemade bread. Tubby's menu offers fresh salads, tasty sides, Monster Party subs and other crowd-pleasing catering options, plus at select locations, a new dessert menu featuring Just Baked cupcakes.

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# Teal ribbons honor loved one

By Carolyn Marnon

Every year for the past six years, Carpet One in Westland has wrapped teal ribbons around the trees and light posts on the main thoroughfares in Wayne and Westland. The teal ribbons are part of Turn the Towns Teal®, a national awareness campaign for ovarian cancer.

A woman telephoned Cathy Buchanan, owner of Carpet One, to ask if she could get one of the teal ribbons for her daughter-in-law, Annette Siesse, who was undergoing treatment for ovarian cancer. Cathy provided a ribbon for Annette.

The next year, the woman called again asking if her son, Chris Siesse, could help when the Carpet One employees made their rounds tying the ribbons. While they were tying ribbons on Michigan Avenue, Chris came to help. Cathy gave him and Annette t-shirts and that was the start of a beloved friendship.

Cathy says Annette loved sunflowers and the Concerts in the Park each summer. Annette and Chris lived in Wayne by Goudy Park. An-

nette could hear the music from her house. The music and the concerts kept her happy. Her favorite phrase was "Happiness is a choice." It became the family motto. Annette lost her battle with ovarian cancer in February.

Each year, Carpet One closes in the morning so all the employees can be involved with tying the teal ribbons throughout the towns of Wayne and Westland. "If I'm able to change the world for someone, make an impact..." Cathy trails off. There is a 94% survival rate if ovarian cancer is caught early. If it reaches Stage 3, survival rates are slimmer, says Cathy. She also says that the test for ovarian cancer, a simple blood test, is not covered by insurance.

Carpet One does not raise money for Turn The Towns Teal. Cathy's goal is to raise awareness and make people aware of this silent killer.

Potential symptoms of ovarian cancer are: bloating, pelvic or abdominal pain/discomfort, vague but persistent gastrointestinal upsets (such as gas, nausea or indigestion),



Last year Annette Siesse put up Teal Ribbons to make people aware of ovarian cancer. Annette lost her battle with ovarian cancer in February.

difficulty eating (or feeling full quickly), urinary symptoms (urgency or frequency), unexplained changes in bowel habits, unexplained weight gain/loss, ongoing unusual fatigue, back pain, menstrual changes, and pain during intimacy. If these symp-

toms persist for 10 days to 2 weeks, consult your gynecologist, physician or gynecological oncologist. The earlier the diagnosis, the better the prognosis. To learn more about Turn the Towns Teal®, visit the website [www.turnthetownsteal.org](http://www.turnthetownsteal.org)

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## Diamond, Continued from page 3

eradication is almost here. Pat could be seen this summer at the Concerts in the Park each week selling 50/50 tickets.

Pat was one of the founding members of the Wayne Ripple Effect, now known as Wayne Main Street. Sherry Brindley, who formerly worked for the Wayne Chamber of Commerce, got a group of people together at the former Rex's (McDonald's is now located in that spot) to learn about the Michigan Main Street program and how Wayne could benefit from becoming a Main Street Community. Pat says she was a witness to the change that Main Street can make in a city because she had seen how it had changed Howell, Michigan. She told the group gathered about how ordinary people were making change happen. It took the group 2-3 years of hard work to put all the systems in place and gather all the paperwork and documentation that MMS required to be considered for the program. The group travelled to Lansing, MI to make their presentation and lo and behold, they became Wayne Main Street. Pat is currently a



Pat Rice center was apart of the team that convinced the State of Michigan on selecting Wayne to be a Main Street Community. Left to right, Cindee McClure, former Councilman Jim Henley, Sherrie Brindley, Cindy Schofield, Councilman John Rhaesa, State Representative Robert Kosowski, Pat Rice, Anna Petrou, former Councilman Jim Hawley, Jessie Schaffer, Pat Hartford, Len Fisher, Merl Baum, State Senator Hoon-Yung Hopgood's Representative, Alfred Brock, City Councilman Albert Damitio.

WMS board member and the Business Empowerment Chairperson. She has also served terms as Past President and as Vice-President.

There is "more to life than sitting at home watching television." Pat also serves as Eucharistic Minister at St. Mary Parish.

Pat's favorite thing about being a volunteer is being an organizer. She likes to know who is responsible for doing what. It takes someone to be

well-organized to volunteer, enjoy her hobbies and still continue to work into her 70s. I don't think Pat has any plans to slow down anytime soon.

Sponsored by Wayne Dairy Queen and DQ's owners, Michael and Jenn Petrou, the annual Diamond of the Community award honors a senior in the community who has a passion for actively volunteering in the community. The Wayne

Commission on Aging will host the 23rd Annual Diamond of the Community Recognition Dinner to honor Mrs. Pat Rice.

This year's event will be at HYPE Recreation Center (4635 Howe Rd) on Tuesday, October 3, at 6:00 p.m. Tickets are \$15 per person and are available at Wayne Senior Services Office-HYPE Recreation Center and at City Hall. Tickets must be purchased by September 19.

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# Calling all walkers

By Carolyn Marnon

Do you like to walk? If you don't like to walk, would it be easier to walk more if you had someone to do it with? The Wayne Walking Club might be just the group you need to motivate you to get active and get your body moving.

Started in April 2016, the Walking Club is part of the Healthy Wayne community coalition, a program brought to Wayne through Beaumont Health. Healthy Wayne wants to encourage residents to lead a healthier lifestyle. It is a place-based program that serves the needs of the residents of the particular city it is in.

Set up as a buddy system, the Walking Club encourages residents to get out and walk. By having a buddy, you are less likely to make excuses for not walking. If you walk by yourself, you can tell yourself that you are too tired, have too many other things to do, don't have time right now, the list goes on. Having a buddy makes you accountable. Walking with a buddy also addresses social isolation; you have somebody to do something with.

Lynette Ish-Green, Project Manager for Healthy Wayne, has been signing people up for the Wayne Walking Club at various events throughout the community. She says there are over 90 groups (consisting of at least 2 people) that are involved in the club. A team can consist of any number of people, but must have at least two members.

When you register for the club, you need to name your walking buddy(ies). Children as young as age 9 are welcome. It is important to make walking a part of their lifestyle at a young age so it becomes more of a natural part of their life. Each member of the team will get a pedometer to count their steps and a walking log on a lanyard to record their walking activity. Although the ultimate goal is 10,000 steps or 30 minutes of walking each day, any activity is considered a success if you haven't been doing it before.

Once you have completed the first page of your walking log (31 days of walking) you will receive a prize from Healthy Wayne along with an entry into the quarterly drawing for a Fitbit. When you complete your second page in the log, you can get



Lynn Higgs won a Fitbit in the first Walking Club quarterly drawing. She is pictured here with Mayor Susan Rowe.

another entry into the drawing each quarter.

To sign up your team, you can see Brian Haddad or Lynette Ish-Green at HYPE Recreation Center in Wayne or at a Healthy Wayne table set up at community events.

As with any physical activity, you will want to check with your doctor before setting up a walking program. Once you are walking, using the pedometer and recording your steps and/or time spent walking, you will become more aware of how much physical activity you are doing. You may find that you are feeling better, can breathe easier or have a shift in your mental consciousness about your health. You will become aware of how much, or how little, you actually move each day.

Healthy Wayne has held two community health walks to date. The first was in June 2016 and invited those who worked in downtown Wayne to come out at lunch and walk with Mayor Susan Rowe. The recent walk was in April during National Walking Month. This walk included Goudy Park and Michigan Avenue. There were even a few vendors encouraging healthy lifestyles: Absopure provided water and Fresh Choice Market provided fruit snacks. DTE provided ways to save money on electricity. Money saved through reduction of those costs can be applied towards living a better, healthier life.

If you would like to learn more about Healthy Wayne, you can attend their monthly meetings on the last Thursday of the month at HYPE Recreation Center in Wayne. The meetings begin at 8:30 a.m.

## NEWS BRIEFS

### BRIEFS, Continued from page 5

sure to arrive early enough to register. You will need to bring a 65-75 cm exercise ball blown up, 18-21 gallon tub with rope handles, \$2 to purchase drumsticks, \$5 to purchase a shaker bottle (or you can bring your own—it's a cup with the metal ball in it. The cup will be used to mix your free post-recovery drink each week), water, and a free-spirited attitude ready to have fun. Bring your family and friends with you! Kids are welcome to play on the play structure in the park or they can drum alongside of you.

### Farmer's Market

Brought to you by Beaumont Wayne, you can visit Beaumont Hospital Wayne every Thursday from now until September 28 from 10:00 a.m.-1:00 p.m. for a weekly Farmer's Market. The Eastern Market Farm Stand will provide a seasonal bounty of fresh, healthy and affordable fruits and vegetables as well as a selection of specialty items from local food merchants. The market will be located at the canopy area of the Surgery Center entrance drive.

### Community clean-ups!

Are you or your organization interested in doing an organized clean-up? If so, the City of Wayne is delighted to receive the help. They

only ask that you contact the Department of Public Works Assistant Director Ed Queen at 734-721-8600 so that he can coordinate with you on the pick-up of any litter or debris that was collected and assure it is discarded in a timely fashion. Thank you for stepping up to help keep our city clean. Together, we are better!

### Friends project, people helping people

On Saturday, September 9 (rain date: September 16), the FRIENDS program will once again come together to help a resident spruce up their home. FRIENDS was started in 1998 to help a Wayne resident whose home needed some tender loving care. Homes are usually chosen based on the homeowners' inability to handle the work themselves, due to either financial or health reasons. The Friends committee coordinates with willing volunteers to complete the task. This program is completely funded through donations and volunteers. On the day of the event, volunteers will donate approximately six hours of time to work on projects such as painting and/or planting at a preselected Wayne home. A continental breakfast will be held at 8:30 a.m. at the HYPE Recreation Center. Lunch will be served on site. Youth group volunteers are welcome as long as there is one adult for every

five youth volunteers. For further information, to volunteer or to donate for this 'feel good' program, please call the Community Development department at (734) 722-2000 x1032.

### Former library director honored

Join the Wayne Public Library and the Wayne Library Board as they dedicate a room at the library in memory of former children's librarian and library director, Paulette Medvecky. Paulette passed away two years ago after a long courageous battle with cancer. The dedication will take place on September 20 at 6:45 p.m. at the Wayne Library.

### Pop-up flea market

Helium Studio will be hosting their 2nd annual Fall Pop-Up Flea Market in the parking lot behind the store on Saturday, October 7, from 10:00 a.m.-4:00 p.m. They are currently looking for upcyclers, recyclers, pickers, crafters and makers who would like to rent a space. For more information, contact Kim White-Jenkins at Helium Studio (734) 725-3811. Mark your calendar and be ready to shop!

### Community garage sale coming soon

The Knights of Columbus will be hosting a Community Garage Sale

on Saturday, October 7, from 10:00 a.m.-6:00 p.m. in the lot next to their building on Wayne Road (between Ash and Elm Streets). If you would like to rent a table, contact Paul Sposite at (734) 748-3771. The Notre Dame lounge will be open for food and drinks. Stop by and enjoy one of their famous sliders.

### First annual chili cook-off

The first annual chili cook-off will be held at HYPE Recreation Center on October 21 from 4-7:00 p.m. Do you make a great batch of chili and/or cornbread? If so, plan to enter this contest. It is \$10 to enter in either the Chili Only or the Chili and Cornbread category. It is \$5 to enter in the Cornbread Only category. Organizers are hoping to have 50 community members bring their best chili to be judged. Awards planned to be given are for best overall, people's choice, most creative ingredients, best veggie/vegan, best wild game chili and best fire house chili. Individual tickets will be \$3 or \$12 per family. Each participating chili cooker will have sample bowls at their station that attendees will be able to eat. 16 different fire houses from surrounding cities were invited to compete for the best firehouse chili. For more information or to enter, contact Lenny or Christi Powell at (734) 502-5603.

## Main Street awarded placemaking grant

Funding will be utilized to install overhead lighting and seating in Derby's Alleyway in the heart of Downtown Wayne.

Wayne Main Street was recently awarded a grant from the Greater Metropolitan Area Realtors Association (GMAR) for capital improvements in an underutilized alleyway in Downtown Wayne - Derby's Alley. The funding for this project comes from GMAR's Placemaking Grant, which supports capital improvement projects that are aimed at enhancing the built environment of cities located in southeast Michigan.

Derby's Alley is located at 35005 W. Michigan Avenue in Downtown Wayne. In 2015 Wayne Main Street

**"Our goal is to create a friendly, welcoming space that all Wayne residents and visitors to our downtown can enjoy."**

identified the site as a potential Pocket Park/Community gathering space. In 2016 WMS secured a planning grant from the Wayne Rotary Foundation to work on re-development planning for the space. Funding provided by GMAR will allow Wayne Main Street to move forward with the implementation of the re-de-

velopment plan for the space. With this funding Wayne Main Street plans to install overhead festooned lighting and permanent seating in Derby's Alley. Juan Bradford, Wayne Main Street Board President, comments "Our goal is to create a friendly, welcoming space that all Wayne residents and visitors to our Downtown can enjoy."

Pat Rice, Board member of Wayne Main Street and Realtor with Re/Max Classic - Canton, says, "It's so great to see the real estate community stepping up to support worthy projects like Derby's Alley."

"Transforming this space into community assets helps promote the vibrancy of downtown Wayne and

positively impact the livability and marketability of Wayne" comments Karen Greenwood, President of the Greater Metropolitan Association of Realtors®.

### About Greater Metropolitan Area Realtors Association

The Greater Metropolitan Association of Realtors® (GMAR) is the largest local trade association in Michigan, representing over 7,800 Realtors® from across metro Detroit.

The GMAR Placemaking Grant is available to communities and local Realtors® who are working together to make their communities a better place to live, work, and play.



The Wayne Youth and Family Services team from left to right Lisa Bradford, Jessica Ecie, BBA, Carrie Vella, LLMSW, Barb Christner, Director, MSW, Erin Davis, LLBSW, Natalie Reeves, MA, LPC and Allison Smith. Wayne Dispatch Photo by John P. Rhaesa

# Youth and Family Services assists families and teens

**By Carolyn Marnon**

Are you concerned that your child might be on the road of risky behaviors that could lead to more trouble somewhere down the line? One place you may be able to turn to for help is Wayne Youth and Family Services located in downtown Wayne. WYFS is committed to providing ethical and high-quality services for young people and their parents/guardian to promote family development and enhance the quality of community life. They aim to do this by reducing high-risk behavior and by building protective factors that help contribute to success. If you don't know where to turn, they can connect you with the most appropriate services.

In collaboration with local schools, police, courts and community service organizations, WYFS offers a variety of programs including prevention and early intervention services, diversion programs, school-based truancy diversion, tutoring, individual and group counseling and referral services. The program is not a punitive program, but one that is strength-based, showing youth how to make life easier when they are struggling.

Does your child have problems at school? Are there family problems happening within the home? Is your child acting incorrigible at home or at school? Do you suspect drug

and/or alcohol abuse? Has your child had run-ins with the police or been to court? These are the children Youth Services wants to help. Youth can come to the program through referrals by the court, by the police, by school or by a family member reaching out for help. A lot of the youth who come through Wayne Youth and Family Services are self-referred through family.

Here are just a few of the services they offer:

**Teen Skills Course:** A goal-oriented program for high schoolers designed to help teens replace risky behavior with healthier choices and learn the skills they need to succeed.

**Strengthening Families:** Fun activities that teach skills for success in school, at home, and in life. This program is designed for upper elementary and middle school youth.

**Anger Management:** An activities-based program that teaches healthy outlets for anger and alternatives to aggressive behavior.

**Academic Assistance:** After school tutoring and study groups at Franklin Middle School and Wayne Memorial High School.

**Girls Group:** A fun, "girls only" group focused around helping girls conquer the issues they will come into contact with in their teen years.

**Life Skills:** A highly effective curriculum which has been proven to increase self-esteem, develop healthy

attitudes and improve knowledge of essential life skills.

Barbara Christner, MSW, is the director of the program. She speaks of the Truancy Prevention program in Wayne. It is a pilot program outside of Detroit. WYFS works with Judge Laura Mack to do informal truancy hearings. They look for the reason why a youth is absent from school. Reasons might include health problems, sickness in the family, youth being bullied, perhaps the youth doesn't have proper clothing. If, after 3-6 months, things are still not going well, the youth is referred to the Third Circuit Court. They aim, however, to deal with the problem in the early stages and thus try to prevent the issue from getting to the formal court system.

Recently, the center ordered fidget spinners to share with the police department. Instead of having the center's logo on them, they read "I've been caught being good." The idea is for the police to hand them out to youth in the community when they are being good. It's a simple way to give a child positive attention and reinforce good behavior.

There are tons of success stories regarding youth who have gone through the program. A youth will come back and tell the staff how they are in college or have a job or have a family of their own.

"You'll get a family who doesn't

want to be here," says Barb. There are "not a lot of instant rewards." The family will soon learn that if they were referred to the program through the courts, it is not a form of punishment. It is a path to a better situation.

Although about 50% of the referrals to the program are through the court as an intervention, the other 50% are self-referrals and often a preventative measure. "There are no bad kids. Just ones who make poor choices."

Wayne Youth and Family Services is not funded by the City of Wayne although their funds are disbursed through the city's budget. They have been self-sufficient for nine years now. "This city manager gets it; I love her," said Barb when talking about the program's funding mechanisms. City Manager Lisa Nocerini is experienced with writing grants and understands what Barb goes through to fund this important youth program. This community-based program is funded by Wayne County Department of Health, Veterans and Community Wellness, Conference of Western Wayne and State of Michigan Byrne Justice Assistance Grant.

For more information, contact Wayne Youth and Family Services at (734) 721-7004 or [youthservices@cityofwayne.com](mailto:youthservices@cityofwayne.com). The program is located at 3850 Second St, Suite 120 in downtown Wayne.

# Speech therapy program keeps growing

Children who have a difficult time communicating also have a difficult time interacting with their peers, doing well in school or performing many tasks their peers take for granted.

That's where the Summer Speech Therapy program at Beaumont Hospital Wayne comes in. The program pairs children with speech therapists who work with them individually to overcome their communication barriers. The program takes place over the course of seven weeks and culminates with a picnic where the children play games and interact with each other.

It is funded through the Beaumont Foundation and designed to help children prepare for the next school year and teach their parents the skills to better cope with their individual challenges, said Dipti Christian, manager of rehabilitation services at Beaumont Hospital Wayne. She credits the administration at Beaumont Hospital Wayne, for supporting the program and bringing the vital service to the area.

"This is a truly unique program



Volunteer Tulsi Patel helps Anasophie Sabagh, six years old, from Dearborn Heights, make flowers at the craft table.

that we're happy to be able to provide to the community," she said. "It helps kids be kids. It's a great feeling, knowing that we helped these children learn how to interact better

with their peers—and that they had fun doing it."

She said she works with speech therapists at nearby schools to find children who may benefit from the

program—children who are either uninsured or underinsured whose families would not otherwise be able to afford the specialized counseling provided through the program.

It did for Shawn Clark, who joined his sister Katie in the program this year. Katie took part last year, too. Katie went from having difficulty with words to being able to say complete phrases, said her father, Brian Clark. Shawn benefitted, too. "He knew what he wanted to say, he just couldn't say it. He got very frustrated," Brian said. "Now he can communicate a lot better; it's really improved his attitude on life. He's happier and he's more social."

The program has grown within the past decade. In 2006, only eight children took part. This year, there were 44 children involved. The children who took part were aged anywhere from 2 to 12 years old. Dipti said it was gratifying to see everyone interacting with each other and taking part in the activities during the program picnic, which is designed as a fun day where the children can interact with each other.



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Wayne Memorial students help at the downtown Wayne clean-up day earlier this year.

## Community clean-up Day for Downtown

Wayne Main Street will host a downtown Wayne Community Clean-Up Day on Saturday, September 16th, from 9 a.m.-1p.m.

Wayne Main Street will be holding their annual Fall Community Clean-Up Day on Saturday, September 16, from 9am-Noon. This annual event brings together members of the various community groups in Wayne along with residents and other community volunteers to clean up Goudy Park and the downtown area.

Last fall, approximately 100 people came out to help keep Wayne beautiful. Wayne Main Street partners with the City of Wayne, Wayne Rotary, Wayne Rotary Interact, Wayne Historical Society, Ford Wayne Assembly Plant, Healthy Wayne, Jaycees, JROTC, the Wayne Court and River Restorations at these clean-up events. "The citizens of Wayne take pride in their community. We are thankful for each person who volunteers their time on a Saturday

morning to come out and help. And who knows? Maybe there will be painted rocks to be found as part of the Wayne Rocks kindness movement.

Who wouldn't want their day brightened by a little colorful treasure?" says Carolyn Marnon, Wayne Main Street Board Secretary and Chairperson of the Design Committee.

This is a great volunteer opportunity for individuals, families, and community service groups. You can pre-register online at <https://www.event-brite.com/e/wayne-community-clean-up-day-september-16th-tickets-37394925228?aff=es2>.

Registration will take place in Goudy Park (located at 3355 S. Wayne Rd). Volunteers are encouraged to wear long pants and long sleeves and bring a pair of gloves. Light refreshments will be available. Parking will be available in the City Hall parking lot.

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